

St Matthew's
MAIL

Suggested
Donation

£1.00

News from the Parish of Kingsley, Northampton

JULY 2024



www.stmatthews-northampton.org.uk

Services at the Parish Church of St Matthew

Sundays

10.15am	The Parish Mass (sung)
5.30pm	Evensong — according to The Book of Common Prayer

First Sunday in the month

10.15am	All Age Mass for the Parish Family
5.30pm	Choral Evensong

*When the choir is on holiday (coinciding with school holidays and half terms)
Choral Evensong is replaced with Congregational Evensong*

Second Sunday in the month

10.15am	Laying on of hands and Sacrament of Anointing is offered in the Lady Chapel
5.30pm	Congregational Evensong

Third Sunday in the month

5.30pm	Choral Evensong and Benediction
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Fourth and Fifth Sundays in the month

5.30pm	Congregational Evensong
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Weekdays *(During the winter months of November to March, held in the Parish Centre)*

Morning and Evening Prayer are said publicly at 9.00am and 5.30pm daily

Monday 7.00pm Mass (on Bank Holidays at 9.30am)
(Healing Mass and Devotions on the first Monday in the month)

Tuesday Currently suspended

Wednesday 9.30am Mass

Thursday 9.30am Mass

Friday 12 noon Mass

Saturday 9.30am Mass

(Mass of Our Lady of Walsingham followed by a Cell Meeting on the second Saturday of the month)

Major Feast-Days Procession and Sung Mass at 7.30pm

(Always held in church. The morning Mass may be cancelled — refer to literature in church and on website)

Sacrament of Reconciliation, commonly known as Confession, is celebrated in the Lady Chapel by appointment with the clergy. They are also available for advice and guidance on any matter of concern.

All aspects of the sacrament are in confidence.

Worship Calendar for July

<i>Date</i>	<i>Observance</i>	<i>Intention</i>
1	Feria	
2	Feria	
3	S Thomas, Apostle	
4	Feria	The General Election
5	Feria	
6	Of the BVM	
7	THE SIXTH SUNDAY AFTER TRINITY (Proper 9)	
8	Feria	The Ministry of Healing
9	Feria	
10	Feria	
11	S Benedict, Abbot, Patron of Europe	
12	Feria	Those to be ordained at Peterborough
13	Of OLW	The Shrine and Society
14	THE SEVENTH SUNDAY AFTER TRINITY (Proper 10)	
15	S Swithun, B	
16	Feria	
17	Feria	
18	Monthly Requiem	The Faithful Departed
19	S Gregory of Nyssa, B and Dr	
20	Of the BVM	
21	THE EIGHTH SUNDAY AFTER TRINITY (Proper 11)	
22	S Mary Magdalene	
23	S Bridget, Religious, Patron of Europe	
24	Feria	
25	S James the Great, Apostle	
26	Ss Anne and Joachim, Parents of the BVM	
27	Of the BVM	
28	THE NINTH SUNDAY AFTER TRINITY (Proper 12)	
29	S Martha, Mary and Lazarus	
30	Feria	
31	S Ignatius of Loyola, Pr	

*The Church prays for the community daily.
Please include these topics in your daily prayers.*

July's Pastoral Letter from the Vicar

Love our enemies? And not retaliating.

You don't need me to tell you that the world is full of strife of one kind or another – Gaza and Ukraine are obvious examples. In many instances extremists have come to the fore, opinions have polarised, and common ground has shrunk. Even in our own country, during the General Election, *everything* seems so adversarial. Opponents are routinely demonised and discounted. Blaming each other seems more important than the desire to inform and promote widespread understanding of issues. Apathy, disenchantment and cynicism are an inevitable consequence. What is our Christian, faith-informed, response to this?

Oskar Schindler was a German industrialist. During the Second World War he set up a factory in Poland. The film, *Schindler's List*, tells the story of how he saved over a thousand Jews by giving them work in his factory. When the Germans surrendered at the end of the war, Schindler abandoned the factory and escaped westwards to avoid the Russians who were approaching from the east. Meanwhile, the liberated workers waited in the factory for the arrival of the Russians.

While they waited, they found a German officer by the name of Amon bunkered inside the factory. Amon had been responsible for several brutal killings. A group of men dragged him out and enthusiastically and mercilessly handled him. Some inmates tried to intervene, but the executioners were in such a rage that they could not be stopped.

This was the first homicide of the peace. It was an event which would be abhorred forever by those who witnessed it. The hanging of Amon sickened them as profoundly as any of the executions Amon himself had carried out. After all, Amon was a Nazi, and beyond altering. But these hangmen were their own brothers. Instead of reaping satisfaction from it, all it did was sadden and depress them.

Our pain and hurt can so easily turn into rage, with the result that we inflict on others the injuries inflicted on us. Jesus' injunction, 'Love your enemy' is a radical rejection of violence. It is one of the most revolutionary things ever said. All the revolutionaries said the enemy must be destroyed.

Love your enemies? Most of us find it hard enough to love our friends. How then can we be expected to love our enemies? All of us have some enemies, or at least some people we positively dislike.

Enemies bring out the worst in us. They expose a side of us which we usually manage to keep hidden from our friends, a dark side of our nature, which we would rather not know about. The enemy stirs up ugly things inside us. This is the real reason why we hate him.

To love one's enemy is not in the first place to do him good. Rather it is to allow him to be different, to be himself, and not try to turn him onto a copy of ourselves so that we may be able to love him.

We are not expected to *feel* love for our enemy. Love is not a feeling; it is an act of the will. We can make a decision to love someone even though we do not have feelings of love for that person.

To love an enemy goes clean contrary to human nature. Only God can help us to love in the way Christ asks us to love. When Christ asks us to be perfect as our heavenly Father is perfect, the perfection he is talking about is the perfection of love. God loves his children unconditionally. He loves them not because they are good, but because he is good. Can he fan the flame of love within each of us that will make us more like him?

Your sincere friend and parish priest,

F. Nicholas

Annual advertising costs

for *St Matthew's Mail*



A5	Full page	£100.00 per annum
A6	Half page	£60.00 per annum
A7	Quarter page	£40.00 per annum
A8	Eighth of a page	£25.00 per annum

Spaces are available – please contact

Anita, Parish Administrator, at the Parish Office

Praise the Lord from the earth, You great sea creatures and all the depths (Psalm 148:7)

As the summer holidays begin it's quite likely that many of us will be planning a trip involving an encounter with the sea. For some that might be a stroll along a Norfolk beach and enjoying fish and chips on the Quay; or it might mean admiring the waves breaking over the rocky coast of Cornwall or bracing walks along the cliffs somewhere. Others might be planning sunning themselves on a Mediterranean beach or even diving into the depths of remote coral reef; whatever your plan or budget for those of us on this island nation, the delights and sometimes dangers of the sea are never far away.



And, of course, if you can't travel far, you could always visit the Cathedral and enjoy our Monsters of the Sea Exhibition! And that's not just a shameless plug. The Cathedral's summer exhibition is not just a novel way of helping to raise funds to meet the day-to-day costs of running and maintaining our great church (around £6,000 a day) – it's a way of inviting people into our sacred space who might not otherwise dream of crossing the threshold. Church buildings, however welcoming we hope they are, can seem strange and forbidding places to many people in our culture, so finding new ways to invite people in, isn't just to meet a financial necessity – it is a missional imperative!

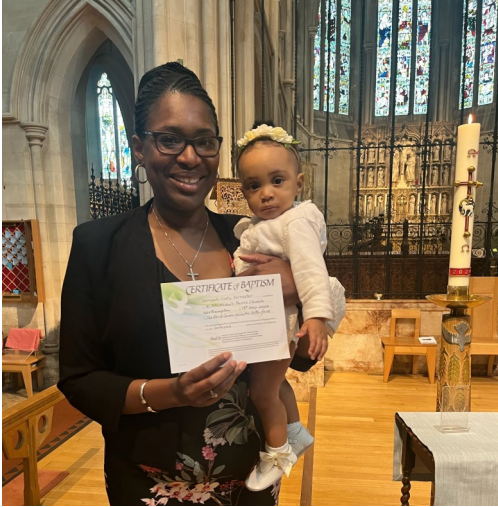
And on the theme of mission, for those coming to marvel at the wonders of the sea, we will also be offering space to ponder how the seas feature in Scripture and how, in terms of the fifth mark of mission (to strive to safeguard the integrity of creation and sustain and renew the life of the earth) we can play our part in praying for and working towards the care and conservation of our blue planet that is so dependent on the health of its seas and oceans and the ecosystems it sustains. May God grant you space for rest this summer and may God's blessing be over all the earth and sea and sky!

A handwritten signature in blue ink that reads "Chris Dalliston". The signature is fluid and cursive, with a horizontal line underlining the name.

The Very Reverend Chris Dalliston
Dean of Peterborough

Produced by the Diocesan Office,
The Palace, Peterborough PE1 1YB
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Email: communications@peterborough-diocese.org.uk



Brand New Christian

Serayah Cicely Forrester was brought by her parents Jessica and Shayne, with godparents Dale, Daniella, Grace and Romaine, to be baptised into the Church of God on Sunday 19 May and subsequently welcomed by the whole congregation at the All Age Mass on Sunday 9 June. Here is Serayah with her mother Jessica after the Welcome.

The Parish Church of St Matthew

Sunday 7 July

The Sixth Sunday after Trinity

10.15am

All Age Mass for the Parish Family



5.30pm
Choral Evensong

Christian Aid Week 2024

Girlie Franklin



A huge thank you to everyone who supported this year's Christian Aid events. We raised a total of £1075.30; with gift aid, it will rise to £1137.30. This is slightly up from last year by a few pounds.

Your gift will help MAP (Medical Aid for Palestine) respond to the emergency in Gaza, provide medical supplies, support healthcare services, and deliver long-term development to healthcare in the occupied Palestinian territory and refugee camps in Lebanon. Your support can save lives.

Thank you to those who helped out at the coffee morning and breakfast. I couldn't have done it without you.

Also, to those who kindly gave prizes for the raffle and tombola. And finally, a thank you to the company that provided biscuits for the biscuit sale.

Caption Competition Winner

No-one had the courage to challenge Jonathan it seems – we had five entries, and they were all from the great man, Jonathan Starmer! So the Maestro wins again. Congratulations!



Here are the entries:

- 1 A riveting Member of Parliament? (Hair today – Gone tomorrow)
- 2 Goldie Locks and the free hairs
- 3 The head that once was crowned with more
Is crowned with lesser now:
(Ref. New English Hymnal no. 134)
- 4 This photo has not been hair-brushed
- 5 A free haircut? Nothing toupee!

And the winner, chosen by Sandra's husband Ian is... (drum roll)

- 5 A free haircut? Nothing toupee!



32nd St Matthew's Multi-Aged Girlguiding

Mandy Ludlow

Thankfully we now have a few weeks without the interruption of a Bank Holiday; it has been stop start, stop start since before Easter.

The Rainbows have been working very hard over the last few weeks and we now have a number of girls who have achieved their Express Myself Theme Award. Others have completed Skillsbuilders and Unit Meeting Activities in both Express Myself and Be Well. Girls have also achieved Family Tree badge. As the nights are now lighter and, fingers crossed, the weather is fine, we will be doing more on the Have Adventures Theme where the majority of activities are outside.

Every week the Rainbows play a fun game, and one which went down very well was the chocolate game – the girls had to throw a six, then had to put on a hat, gloves and sunglasses whilst trying to cut a piece of chocolate from a bar with a knife and fork – all before the next girl threw a six and took over.

Brownies have completed their Aviation Badge and have now started on Space. There was a lot of laughter when they played a parachute game with a teddy, throwing him up into space. Part of the badge asks for astronaut training! The girls have done warm up exercises, next they are going to be doing challenges around gravity. One of these will see them having to run around cones... I suspect that there will be some falling over.

Also, part of the Having Adventures theme (the green one) the Guides have been working on is their Geocaching Badge, and so far we have followed co-ordinates to find a cache in Kingsley. When we got there we could not find it, despite it showing on the Geocache App. The next week, having checked the map and the co-ordinates again, we went back to where the cache should be but alas it was not there. We will now be making our own caches and hiding them.


The Hot Chocolate Challenge mentioned in last month's article has been completed. The mugs were decorated and I took them home and 'baked' them, and they can now be used.

Guides, being the older section, spent part of an evening deciding what Skillsbuilders and Unit Meeting Activities they would like to do over the next few weeks. They have already started and we are so very lucky when the card starts with the words 'A large outdoor space'. There are not many units locally that have the regular use of such a large grassed area that we have the luxury and privilege of using.

Our four new Young Leaders are falling into a pattern and routine. We have had a leaders' meeting with them to listen to their ideas and for them to know what is expected. The young ladies are our leaders of the future.

Café Guides continues to evolve and progress from when we started. In the not too distant future we may be offering something different by way of food; it is, as they say, a work in progress. Look out in the pew sheet for more details.





CAFÉ GUIDES

SERVING A VARIETY OF
TEAS, COFFEE, AND
HOME MADE CAKES

BACON ROLLS &
SAUSAGE SANDWICHES

COME AND VISIT US - SUNDAY
7th JULY FOLLOWING THE 10.15am
SERVICE

We are now able to take card payments



VISA



GPay

PLEASE NOTE - OWING TO THE TEA
ROOMS BEING SET UP FOR THE
FETE, WE WILL BE SERVING
REFRESHMENTS AFTER THE ALL
AGE SERVICE IN THE PARISH CENTE



DON'T FORGET TO VISIT OUR TEA ROOMS, IN THE PARISH
CENTRE, ON THE AFTERNOON OF THE CHURCH FETE.



Café Guides Recipe for July

This recipe comes from having a lot of rhubarb in the freezer plus more growing at the allotment. Having made crumbles and cheesecakes, rhubarb fool and compote, I searched among the many recipes I have and found this from the early 1990s.

Pile it High, Orange and Rhubarb Meringue Pie



Ingredients

For the pastry:

- 6oz/175g plain flour
- 1½oz/40g butter or margarine
- 1½oz/40g lard
- Cold water to mix

For the filling:

- 1½lb/700g rhubarb
- Grated zest and juice of 3 oranges
- 3oz/75g caster sugar
- 3 level tablespoons cornflour
- 3 egg yolks, beaten

For the meringue:

- 3 large egg whites (minimum)
- 6oz/175g caster sugar

Or you can use as many egg whites as you have:

- 4 egg whites need 8oz/225g sugar
- 5 need 10oz/275g sugar
- 6 need 12oz/350g sugar

Method

You will need a 9 inch (23 cm) quiche type tin, 1½ inches (3 cm) deep, lightly greased, and a baking sheet.

1. Pre-heat the oven to gas mark 5 / 375°F / 190°C, and pre-heat the baking sheet as well.
2. Begin by making the pastry; rub the fats into the flour and add enough cold water to make a smooth dough that leaves the bowl clean. Then wrap it in a polythene bag/cling film and leave in the fridge for 30 minutes to rest and become more elastic.
3. Trim and wash the rhubarb and cut into chunks, place it in a shallow baking dish and sprinkle in the grated orange zest followed by the sugar.
4. Take the pastry from the fridge, roll it out to a round, and use to line the tin, pressing it up a little way above the edge of the tin. Next prick the base all over with a fork and use some of the egg yolks to paint all over the base and sides to provide a seal.
5. Put the tin on the pre-heated baking sheet on a high shelf in the oven and place the rhubarb on the lowest shelf. The pastry should take about 20-25 minutes to brown and crisp, the rhubarb should take about 25-30 minutes to become soft. Remove both from the oven.
6. While you are waiting for the pastry and rhubarb to cook, squeeze the oranges and place the juice in a small saucepan. Use some of the juice to mix the cornflour to a smooth paste in a basin.
7. Bring the rest of the orange juice to simmering point. Next pour the hot orange juice onto the cornflour mixture and pour the whole lot back into the saucepan, then whisk over the heat, using a balloon whisk until it becomes very thick. Take off the heat.
8. Strain the cooked rhubarb over a bowl, then add the rhubarb juices and the egg yolks to the cornflour mixture and, still whisking, bring it up to the boil again.
9. Remove from the heat, tip the strained rhubarb into a bowl and then stir in the cornflour mixture.
10. Now for the meringue – put the egg whites into a very large roomy bowl and, using an electric hand whisk, beat them until they reach the stage where when you lift the whisk, little peaks stand up and just slightly turn over.
11. Start to beat in the sugar, 1 tablespoon at a time, whisking well after each addition.
12. Pour the rhubarb mixture into the pastry case, then spoon the meringue mixture over the rhubarb, making sure that it covers the edges of the pastry with no gaps. Then just pile it on 'normal', high or very high. Place the pie on the centre shelf of the oven, at the same temperature as before, and bake for 25 minutes or until the meringue is golden. Remove from the oven and leave for about 2 hours before serving.



A New Humeral Veil

Seymour Franklin

A new Humeral Veil was dedicated at the 10.15am Mass on Sunday 16 June. This replaces the old one which was damaged during a torrential downpour, and not salvageable. The new veil, which will be used each month at Benediction, has been commissioned in memory of the late Pat Sykes following her longstanding worship, devotion and commitment to St Matthew's Church.

Pat was distressed by the damage to the old one and wanted to replace it, as she had attended Benediction each month, forming a fundamental part of her worship with us.

Fr Nicholas played a pivotal role in designing the new Veil, which he then presented to the PCC for their consideration and approval. His careful selection of the design and material reflects his deep understanding of our community's needs and preferences.

The Humeral Veil was left out for the congregation to see following its dedication, so we could appreciate its beauty and significance. I believe parishioners and others will find it a truly honourable legacy and may wish to attend Benediction (on the third Sunday of each month) to appreciate it in

Weekday Scripture Readings for July

Our weekday scripture readings, one from the Old Testament and one from the New Testament, taken from the 'Additional Lectionary' which was constructed by the Church of England principally for use in Cathedrals at weekday Evensong.



Monday	1 st	Exodus 32.1-14	Colossians 3.1-11
Tuesday	2 nd	Proverbs 9.1-12	2 Thessalonians 2.13–3.5
Wednesday	3 rd	Job 42.1-6	1 Peter 1.3-12
Thursday	4 th	Jeremiah 8.18–9.6	John 13.21-35
Friday	5 th	2 Samuel 5.1-12	Matthew 27.45-56
Saturday	6 th	Hosea 11.1-11	Matthew 28.1-7
Monday	8 th	Exodus 40.1-16	Luke 14.15-24
Tuesday	9 th	Proverbs 11.1-12	Mark 12.38-44
Wednesday	10 th	Isaiah 33.2-10	Philippians 1.1-11
Thursday	11 th	Job 38	Luke 18.1-14
Friday	12 th	Job 42.1-6	John 3.1-15
Saturday	13 th	Ecclesiastes 8.1-11	Hebrews 1.1-9
Monday	15 th	Numbers 23.1-12	1 Corinthians 1.10-17
Tuesday	16 th	Proverbs 12.1-12	Galatians 3.1-14
Wednesday	17 th	Isaiah 49.8-13	2 Corinthians 8.1-11
Thursday	18 th	Hosea 14	John 15.1-17
Friday	19 th	2 Samuel 18.18-end	Matthew 27.57-66
Saturday	20 th	Isaiah 55.1-7	Mark 16.1-8
Monday	22 nd	Zephaniah 3.14-end	Mark 15.40–16.7
Tuesday	23 rd	Proverbs 12.13-end	John 1.43-51
Wednesday	24 th	Isaiah 55.8-end	2 Timothy 2.8-19
Thursday	25 th	Jeremiah 26.1-15	Mark 1.14-20
Friday	26 th	Jeremiah 14.1-9	Luke 8.4-15
Saturday	27 th	Ecclesiastes 5.10-19	1 Timothy 6.6-16
Monday	29 th	Joshua 1.1-9	1 Corinthians 9.19-end
Tuesday	30 th	Proverbs 15.1-11	Galatians 2.15-end
Wednesday	31 st	Isaiah 49.1-7	1 John 1

St Matthew's Church

SUMMER FETE



Saturday 6 July

1.00pm till 4.00pm

FUN FOR ALL THE FAMILY!



- ⊗ Raffle (£100 cash first prize) ⊗
- ⊗ Bouncy castle ⊗ Face painting ⊗
- ⊗ Kiddies Noah's Trail ⊗
- ⊗ Fire engine and crew ⊗ Police vehicle ⊗
- ⊗ Model railway displays ⊗
- ⊗ Candy floss ⊗ Ice cream ⊗
- ⊗ Music ⊗ Organ recital in church ⊗
- ⊗ Irish dancing ⊗ Kingsley's Fallen Heroes display ⊗
- ⊗ Vintage tea room ⊗ BBQ ⊗
- ⊗ Stalls and Games galore ⊗

⊗ **CASH ONLY** ⊗



Northampton NN1 4RY ⊗ www.stmatthews-northampton.org.uk

St Matthew's Church



SUMMER FETE

Saturday 6 July

1.00pm till 4.00pm

Special events during the afternoon:

- ☀ Kingsley's Fallen Heroes display
- ☀ Model Railway displays
- ☀ Police and Vehicle
- ☀ Bell Ringing
- ☀ Fire Engine and Crew*
- ☀ Made of Metal fitness challenge
- ☀ Irish Dancing by SLT Academy of Irish Dance
- ☀ Organ Recital in church
- ☀ Kiddies Noah's Trail in church
- ☀ 3.30pm Raffle to be drawn

**Working crew—may be called away in an emergency*

Please note there will be an official photographer (wearing a badge) taking photos of the Fete for an article on our website and in our parish magazine — if you do not wish to be photographed please tell the photographer! Thank you.



Friends of St Matthew's Music
SATURDAYS AT **4**



Saturday 27th July 2024 at 4:00pm
Sounds Historical Ensemble

Tickets **£10**

FSMM Subscribers **£8**

Under 18s **FREE**

Next month's magazine

Contributions to our magazine are always appreciated so let us know what you / your group are up to! If you don't have the confidence to write something yourself, just let us have the details and we'll write it for you.

Please leave paper contributions in the 'P' (for 'Parker') pigeon hole in church or email files to: magazine@stmatthews-northampton.org.uk

When attaching photographs to the email address please send no more than 7mb -worth per email, otherwise it jams the system! Thank you.

Deadline for the AUGUST magazine is SUNDAY 14 JULY

Editor: Dorrie Parker

Layout and production: Gary Drinkwater

Church Crawling no.12

Fabian Robertson

Bow Bells

The Church of St Mary-le-Bow, Cheapside, City of London EC2V 6AU

St Mary-le-Bow stands on Cheapside, one of the City of London's oldest thoroughfares. It is only two minutes' walk from the nearest Underground station – the Bank (89 metres away). When it was founded in 1080 by Lanfranc, Archbishop of Canterbury, it was his headquarters as Lambeth Palace was not built until around 1200AD. The church has been rebuilt several times over the centuries. Today's church was designed by Sir Christopher Wren following the Great Fire of London in 1666. It was destroyed again by bombing on 11 May 1941 during World War II. The peal of bells were all in fragments. Salvaged metal from the destroyed bells was reused and cast at the Whitechapel bell foundry in 1956 (sadly the foundry, which cast Big Ben, closed in 2023 after 450 years). The long job of faithfully rebuilding the church to Wren's design was in the hands of the architect Laurence King (who incidentally was the architect also responsible for the rebuilding of Little Walsingham after the tragic fire on 14 July 1941). St Mary-le-Bow was reconsecrated in 1964.



*The tower of
St Mary-le-Bow,
Cheapside, City of London*

The list of 'Weights, inscriptions and notes of the bells' makes interesting reading. Each of the twelve bells has an inscription from the Psalms on it and the first letter of each spells D WHITTINGTON. Much of the cost of rebuilding the tower and recasting the bells was the gift of the Bernard Stanley Charitable Foundation and Holy Trinity, Wall Street in New York. Bell number 12 lists the Rector and Churchwardens of St Mary-le-Bow. Likewise, eight other churches of Cardwinder Ward in the City of London, which were standing in or before Sir Christopher Wren's time. The other three inscriptions are not ecclesiastical. Bell no.1 commemorates Albert Arthur Hughes, who was the principal bellfounder at Whitechapel Bell Foundry, Bell no.2 to the Master of the Ancient Society of College Youths, and Bell no.3 to the architect Laurence King FRIBA (mentioned earlier). Mears and Stainbank 1956, who appear on all twelve bells, were a partnership of principal bellfounders at Whitechapel Foundry who cast the bells which were blown to bits in 1941.

The weights, inscriptions and notes of the bells

1	5-2-10 285 kgs	<p>DECLARE HIS GLORY AMONG THE HEATHEN HIS WONDERS AMONG ALL PEOPLE ALBERT ARTHUR HUGHES OF THE WHITECHAPEL FOUNDRY BIRTHPLACE OF BOW BELLS SINCE 1738. NAMED ME KATHERINE MEARS & STAINBANK 1956</p>	G
2	5-3-21 303 kgs	<p>WHOSO OFFERETH PRAISE GLORIFIETH ME JOHN STANLEY MASON MASTER OF THE ANCIENT SOCIETY OF COLLEGE YOUTHS NAMED ME FABIAN MEARS & STAINBANK 1956</p>	F
3	6-1-7 322 kgs	<p>HIS NAME ALONE IS EXCELLENT, HIS GLORY IS ABOVE THE EARTH AND HEAVEN LAURENCE KING F.R.I.B.A. ARCHITECT NAMED ME CHRISTOPHER MEARS & STAINBANK 1956</p>	E
4	6-2-17 339 kgs	<p>IN HIS TEMPLE DOTH EVERYONE SPEAK OF HIS GLORY THE BELL OF THE PARISH OF ST. MARGARET MOYSES STEPHEN BERNARD GOSLING, WILLIAM JOHN AYLING NAMED ME MARGARET MEARS & STAINBANK 1956</p>	D
5	7-3-27 407 kgs	<p>THE GLORY OF THE LORD SHALL ENDURE FOR EVER THE BELL OF THE PARISH OF ST. MILDRED BREAD STREET STANLEY ARTHUR PHILLIPS CHURCHWARDEN NAMED ME MILDRED MEARS & STAINBANK 1956</p>	C
6	8-3-27 457 kgs	<p>THEY SHALL SING IN THE WAYS OF THE LORD FOR GREAT IS THE GLORY OF THE LORD THE BELL OF THE PARISH OF ST. FAITH UNDER ST. PAULS SIDNEY ERNEST SANDLE M.C., C.C. NAMED ME FAITH MEARS & STAINBANK 1956</p>	B
7	10-0-20 519 kgs	<p>I WILL SPEAK OF THE GLORIOUS HONOUR OF THY MAJESTY AND OF THY WONDROUS WORKS THE BELL OF THE PARISH OF ST. AUGUSTINE WATLING STREET CHRISTOPHER FRANCIS WILSON CHURCHWARDEN NAMED ME AUGUSTINE MEARS & STAINBANK 1956</p>	A

8	12-1-11 629 kgs	<p>NOT UNTO US O LORD NOT UNTO US BUT UNTO THY NAME GIVE GLORY THE BELL OF THE PARISH OF ST. JOHN THE EVANGELIST ERNEST ALFRED BEARD CHURCHWARDEN NAMED ME JOHN MEARS & STAINBANK 1956</p>	G
9	17-3-17 912 kgs	<p>GIVE UNTO THE LORD THE GLORY DUE UNTO HIS NAME: WORSHIP THE LORD IN THE BEAUTY OF HOLINESS THE BELL OF THE PARISH OF ALL HALLOWS BREAD STREET STUART MAXWELL ROBERTS O.B.E., T.D., C.C. CHURCHWARDEN NAMED ME TIMOTHY MEARS & STAINBANK 1956</p>	F
10	21-2-23 1105 kgs	<p>THY SAINTS SHALL BLESS THEE, THEY SHALL SPEAK OF THE GLORY OF THY KINGDOM AND TALK OF THY POWER THE BELL OF THE PARISH OF ST. PANCRAS SOPER LANE STANLEY JAMESON TILL M.C. CHURCHWARDEN NAMED ME PANCRAS MEARS & STAINBANK 1956</p>	E
11	29-1-5 1492 kgs	<p>O LORD MY GOD, I WILL GLORIFY THY NAME FOR EVERMORE THE BELL OF THE PARISH OF ALL HALLOWS HONEY LANE SIR CUTHBERT ACKROYD BART. LORD MAYOR CHURCHWARDEN NAMED ME CUTHBERT MEARS & STAINBANK 1956</p>	D
12	41-3-21 2135 kgs	<p>NOW LETTEST THOU THY SERVANT DEPART IN PEACE, FOR MINE EYES HAVE SEEN THY SALVATION THE BELL OF THE PARISH OF ST. MARY LE BOW HUNG FOR CURFEW 1334 DESTROYED BY FIRE 1666 RECAST 1669. RECAST 1738 DESTROYED BY ENEMY ACTION 1941 RECAST 1956 HUGH EVAN HOPKINS O.B.E., M.A. RECTOR HOWARD GEORGE HICKLENTON JULIEN FREDERICK CHARLES BENNETT D.L. CHURCHWARDENS JOHN H.L. TRUSTRAM M.B.E., M.A., VESTRY CLERK NAMED ME BOW MEARS & STAINBANK 1956</p>	C

The weight of a bell is traditionally measured in hundredweights (cwt), quarters (qtr) and pounds (lbs). Therefore the imperial (avoir du pois) weight given for Bell no.1 of 5-2-10 converts to 285 kgs or 44 stones and 12.3 pounds.



The bell chamber of St Mary-le-Bow, Cheapside, City of London

The twelve Bow bells are probably the most famous in the world and for many years have been woven into the folklore of the City of London. If you are born within earshot of Bow bells you are said to be a Cockney. I am not a Cockney but I feel it is appropriate that this contribution to the Mail is Number 12 in the series *Church Crawling*.



Interior of St Mary-le-Bow, Cheapside, City of London

Notes:

Visiting: The church is generally open from 0730 until 1800hrs Monday to Friday and often open at weekends on an informal basis. Please check with info@stmarylebow.org.uk if necessary

Services: There are services each day Monday to Friday. Holy Eucharist is usually sung at 12.45pm on Thursdays and said two other days – check with website www.stmarylebow.org.uk

Food: There is an excellent café in the crypt down a flight of steps, hence its name 'Café Below'. Open for cooked breakfast from 7.30am to 10am and for lunch 11.30am to 2.30pm. Telephone 0207 329 0789 email: info@cafebelow.co.uk

Nearest Underground station: Bank – served by Central Line, Northern Line, Waterloo & City Line, as well as DLR (Docklands Light Railway)

Walsingham Pilgrimage 2024

Gary Drinkwater

Exhilarating, relaxing, moving, emotional, fun – these were all used to describe our time at Walsingham.

It began on the Monday morning following mass. We were sent on our way with a good dousing of holy water and a few reminders such as: have you got your medication, phone, clean underwear etc, and don't forget to go to the toilet.

It's not a race obviously, being on public roads, but there's always a bit of kudos in getting to the lunch stop first. There's a little bit of 'beat the Vicar' as usually he gets there first. This year I was in the 'winning' car which (in my mind anyway) redeemed me slightly for being part of those who were late for lunch last year. It was with some trepidation that I entered The Brothers In Arms Restaurant as I had chosen it because our usual place couldn't accommodate us this year. Dave assures me it was that they were fully booked not because of anything we did or didn't do last year.

I needn't have worried. The staff were welcoming and obliging, the food was good and plentiful and everybody got what they had preordered a few days before. Thank you Google and Trip Advisor for their advice. The only concern we had was that the various old farm implements attached to the ceiling were secure.

We arrived at the Slipper Chapel suitably refreshed, and our pilgrimage started with a short prayer and reading. From here to the Shrine is around a mile so therefore known as the 'holy mile'. Pilgrims would walk this in bare feet in days gone by, but nowadays it's only the hardy souls who do this. When Archbishop Justin visited a few years ago for a youth event, he immediately took his shoes and socks off much to the consternation of various clergy around who then felt they had to do the same.

Once at the shrine we were welcomed by the staff who, as well as giving us our keys, told us the very few rules and more importantly what time the meals were. Due to us being slightly late another group had gone in ahead of us, so we had to wait. However, as they came out there were warm greetings as we recognised a contingent from Chelmsford who have been there the same time as us the last couple of years. Coincidentally including the parish where Father Nicholas served his title.



After making the first visit to the Holy House we settled in our rooms before Evening Prayer with other pilgrims in the Shrine Church. It was then time for the obligatory pre-supper gin and tonic. I had to rush this first meal as I had a Zoom training session on Faculty Applications booked in for 7pm. In case you are interested I can assure you it was not fascinating but nonetheless essential in my role as churchwarden.

Each day began with breakfast followed by Morning Prayer, then Mass. Other than Wednesday, when it is a Pilgrim Mass for everyone at the shrine, we held our own. Evening Prayer was in the Shrine Church again shared with others. However for Morning Prayer we said it ourselves in various chapels. The Vicar led the first day followed by Sarah, me, then Carol on subsequent days. Fortunately, this year we didn't have to do too much persuasion around reading at these services, people were only too willing.

On Tuesday morning we had a talk from the Shrine Priest on Monastic Life which was very informative.

The Liturgy of Healing and Reconciliation took place on Tuesday evening. The format is a Hymn, Sermon, Sprinkling at the Well and Benediction. After Benediction the Blessed Sacrament is left on the altar during which time people can pray or receive Laying on of Hands and/or Anointing. The Sacrament of Reconciliation (confession) is also available at this time. This is always a very moving, spiritually filled service which can raise emotions and thoughts that we've buried or don't even know we have. Indeed, one of our group was moved to tears.

Wednesday evening brought the Evening Procession of Our Lady and Benediction. This begins with a hymn and sermon followed by a Candlelit procession around the Shrine grounds.

Processions are a distinctive feature of worship at Walsingham. They speak to us of the nature of the pilgrim church on earth, as we journey together as God's people from earth to heaven. They remind us that we are a company of people on the move.

The image of Mary carried in procession is a powerful statement of our companionship not only with each other but the saints in whose footsteps we follow and whose intercession sustains and encourages us. She is Mother of the Church and one with the pilgrim people of her Son as we follow him to the destination of our heavenly home.

Steve assisted in the carrying of the image which was a privilege beyond understanding.



We walked the Via Dolorosa, (Way of the Cross) using the outside stations. We thought of Sidney and Mary Gould at the ninth station as this was restored in their memory a few years ago. We all took at least one turn in reading, finishing at the fifteenth Station, the Resurrection of Christ. Pope John Paul II during his papacy introduced this additional station. After three days of mourning and waiting, the Church celebrates Jesus' victory over darkness and death. His triumph becomes a symbol of hope for believers, assuring us that we, too, can rise above our struggles and failures.



Offering intercessions in the Holy House as a group is important to us, as this is when we offer the prayers that parishioners have requested. They were grouped under five headings: Thanksgiving, For the sick, For those in need, For the departed, For the parish and community.

On a more poignant note, we thought of those no longer with us who have played an important part in our pilgrimages and cell. In particular Jean Collins, who was our Secretary from the Cells inauguration in 2005 until her death last year. Jean knew that the pilgrimage last year would be her last to her beloved Walsingham and more generally North Norfolk. On a free afternoon she was asked by two pilgrims where she would like to go. Without hesitation she said Burnham Overy Staithe, a large hamlet on the coast now popular as a boating centre. When they got there Jean had a snooze in the car whilst the others went on a walk to the sea. This year as a 'personal pilgrimage' they went back there thinking of Jean and thanking God for a life well lived.



We also thought of those who due to ill health or age were no longer able to come with us. In particular I remember Doreen Brown when she was in her eighties crawling under the pub table to get out as she was hemmed in and didn't want to move anyone.

We were pleased that Caroline Ward despite darting about the Shrine doing her tasks as Director of Education managed to find time to sit with us for a catch up. Similarly, Andrew, who despite his recent medical problems was as cheeky as ever.

There were many occasions for socialising, both in the Norton Bar which is on site and also the two local pubs in the village. The Bull has only recently reopened after several months closed, so was fairly quiet whilst it rebuilds its business and reputation which it had unfortunately lost due to a previous owner running the business down to concentrate on the other village pub which he ran.

There was also time to be alone and wander the grounds or sit quietly in one of the eighteen chapels – now there's a series of articles for the magazine!

I did just say The Bull was fairly quiet; however, it wasn't on our final evening, we made sure of that. We all got together for a thank you presentation to the Vicar for leading us and Dave as organiser. Somehow, I was given a bottle of the locally distilled Vision Gin during this evening; I've not worked out what I did to get it but I never refuse anything especially when it comes in a bottle.

All too soon it was time for The Last Visit to the Holy House, which is a short service of reflection and thanksgiving for the pilgrimage and looking forward to coming back home.



There is no official stop on the way home, some people do whilst others (those with bigger bladders) drive straight back. Due to Peter going to visit his family we gained Sarah for the journey. Somehow when we got to The Spinney Hill in Northampton Dave lost control of the car and it swung into the pub car park, so it would have been rude not to go in. We debriefed and made ourselves ready for the return to 'normal' life.



We have booked for next year from 2 June to 6 June if this has whetted your appetite and you would like to be part of our pilgrimage. Also, on August Bank holiday Monday there is a one day Healing Pilgrimage; we have in the past been invited to join friends from Hanslope, Castlethorpe and Stony Stratford on a coach. If either of these interest you please speak to Dave Wilson the Cell Secretary or myself.



On the second Saturday of the month the 9.30am mass is always a Mass of the Holy House. We then meet afterwards for refreshments and a time of fellowship. Please do join us, we don't bite!





What's Going On?

A question many people were asking one evening recently when an Air Ambulance landed on St Matthew's green about 8.30pm... Nobody had the answer, but it prompted a few photos to be sent to the magazine! So thank you for thinking of the magazine, and if anyone does know why, please let us know.

Friends of St Matthew's Music **100+ Club**

Congratulations to the lucky winner of £50 in our JUNE draw —

Number **100**, held by **Jonathan Starmer**



You too could win the **single prize of £50** in our monthly draw if you had a number! For just £3.00 a month you'd be in with a chance, whilst also helping pay for our Director of Music's salary.

For full details and a form, please email jonathan.starmer@yahoo.com

Jonathan Starmer

Editor's note: I was a witness to this Draw, and it was not a fix! Dorrie

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NEW OPENING TIMES

Monday: Closed
Tuesday: 5.00pm - 11.00pm
Wednesday: 5.00pm - 11.00pm
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A Christain Workers Co-operative supporting the local community and the wider world.



Parish Giving Scheme

The Parish Giving Scheme exists to allow members of the St Matthew's community to support the life and work of the Parish, and the upkeep of our church, through regular giving. It provides our principal source of income and helps us meet our main financial commitments, including our contribution towards the Diocesan Common Fund (the 'Parish Share') and the costs of our employees.

The Scheme is the most tax efficient way of contributing to the church because contributions may be eligible for Gift Aid (raising your donation by 25% at no cost to either you or St Matthew's).

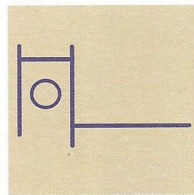
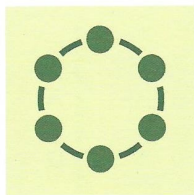
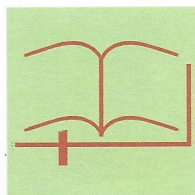
There are two methods of payment available: by a banker's direct debit or by weekly-numbered envelopes via the collection plate. The amount that you give is entirely confidential and is known only to the lay people who administer the Scheme.

If you are interested in learning more or in joining the Scheme, please speak to our Stewardship Recorder Polly Matthews. She can be contacted via the Parish Office or as below.

Polly Matthews

<office@stmatthews-northampton.org.uk>

Tel. 01604 846074



PARISHGIVINGScheme

Parish Office

27A The Drive, Kingsley, Northampton NN1 4RY (*within the Parish Centre*)

Telephone: 01604 791251 Email: office@stmatthews-northampton.org.uk

Parish Administrator: Anita Speake Office opening hours: Mondays, Tuesdays, Thursdays, Fridays 9.30am till 12.30pm, 1.00pm till 4.00pm; Wednesdays CLOSED

Ministry Team

Parish Priest	The Revd Canon Nicholas Setterfield vicar@stmatthews-northampton.org.uk
Honorary Assistant Priest	The Revd Canon Nicholas Gandy OGS OGS@stmatthews-northampton.org.uk
Honorary Assistant Priest	The Revd Canon Peter Garlick

Parish Officers

Churchwardens	Gary Drinkwater churchwarden@stmatthews-northampton.org.uk Dave Wilson churchwarden@stmatthews-northampton.org.uk
PCC Secretary	Sarah Oughton pcc-secretary@stmatthews-northampton.org.uk
PCC Treasurer	Donald Cran treasurer@stmatthews-northampton.org.uk

St Matthew's Trust

Ben Drouet
chairman@stmatthews-northampton.org.uk

Particular Responsibility

Safeguarding Officer	Sarah Oughton (Assistant: Ben Drouet) safeguarding@stmatthews-northampton.org.uk
Verger	Gary Drinkwater
Head Server	Seymour Franklin head-server@stmatthews-northampton.org.uk
Stewardship Recorder	Polly Matthews
Electoral Roll Officer	Seymour Franklin
Archives	Patrick Rawlinson
Website & Magazine Editor	Dorrie Parker magazine@stmatthews-northampton.org.uk

Music Department

Director of Music	Tom Moore music@stmatthews-northampton.org.uk
Parish Organist	Jonathan Stamer
Friends of St Matthew's Music	Steve Stringfellow friends@stmatthews-northampton.org.uk

Walsingham Cell

Cell Secretary
Dave Wilson
walsingham@stmatthews-northampton.org.uk