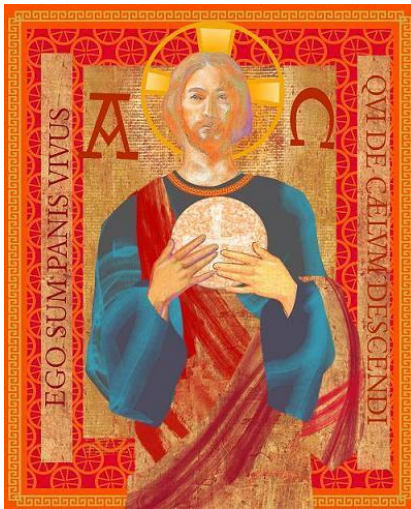


The Parish Church of St Matthew
Northampton

The Tenth Sunday after Trinity

Proper 13 Year B



Jesus, the bread of life

The Parish Mass

Sunday 4th August 2024

10.15 am



Welcome to St Matthew's Parish Church

Safeguarding *St Matthew's is committed to providing a safe environment for all who come. If you have any concerns, please speak with one of our welcomers or a churchwarden who may be identified by their lanyard. They will be happy to help you.*

Live streaming *Please note that this service is being streamed. You may sit where you wish. If, however, you prefer not to be seen online, please sit in a side aisle. The administration of Holy Communion will not be shown.*

Toilet and baby changing facilities *may be found at the base of the church tower. There is also a small servery.*

For younger children *In the north aisle (nearest to Collingwood Road), a carpeted area equipped with appropriate Christian resources is provided. Please feel free to use it.*

* * * * *

This morning's readings *The Israelites complain to Moses and Aaron that they have led them into the desert only for them to die of hunger. God heard their complaints and sent them manna and quails. The emphasis is on the manna; the quails get only a brief mention.*

Jesus too fed people with bread from heaven of which the manna provided by Moses was but a foreshadowing. But the gospel makes it clear that he did not come on earth merely to satisfy physical hunger. He came to give heavenly 'bread' that people will eat and never hunger again. The 'bread' in question is primarily the teaching given by Jesus. Only at a secondary level does it refer to the Eucharist. The new bread will nourish people spiritually and sustain life eternally.

It is our custom to spend some time in quiet preparation before the liturgy begins, and save further conversation until we meet socially for refreshments afterwards. The following reflection, based on today's themes, may be found helpful:

God provided a mysterious food called *manna* for the Israelites during their sojourn in the desert.

However, they were told not to stockpile the manna, but to gather only what they needed for one day.

This was meant to teach them to trust in God's providence on a daily basis.

No matter how difficult life may be,
for those who trust in God,
and live a day at a time,
the manna of his help falls every day.

Order of Service

¶ The Gathering

§ *At the sound of the bell, **all stand***

Hymn

§ *The procession enters*

All **CHRIST is the King! O friends rejoice;
Brothers and sisters with one voice
Tell all the world know he is your choice.
Alleluya!**

**O magnify the Lord, and raise
Anthems of joy and holy praise
For Christ's brave saints of ancient days.
Alleluya!**

**They with a faith for ever new
Followed the King, and round him drew
Thousands of faithful souls and true.
Alleluya!**

**O Christian women, Christian men,
All the world over, seek again
The Way disciples followed then.
Alleluya!**

**Christ through all ages is the same:
Place the same hope in his great name;
With the same faith his word proclaim.
Alleluya!**

**Let Love's unconquerable might
Your scattered companies unite
In service to the Lord of light.
Alleluya!**

**So shall God's will on earth be done,
New lamps be lit, new tasks begun,
And the whole Church at last be one.
Alleluya!**

Words George Kennedy Allen Bell (1883-1958)

Music Vulpius (Gelob't sei Gott)
Melody from Melchior Vulpius (1570-1615)
Harmony by Henry Ley (1887-1962)

All † In the name of the Father, and of the Son, and of the Holy Spirit.
Amen.

The Greeting

All Grace, mercy and peace from God our Father
and the Lord Jesus Christ be with you
and also with you.

The service is introduced

Invitation to Confession

Jesus gave bread to the people in the desert.
But when they came back next day for more of the same, he said to them,
'Do not work for perishable food; work for the food that endures to
eternal life.'

We are here to receive the food 'that endures to eternal life'.
Let us open our hearts to receive the food that only the Lord can give.

Silence is kept

Confession

All **Most merciful God,
Father of our Lord Jesus Christ,
we confess that we have sinned
in thought, word and deed.
We have not loved you with our whole heart.
We have not loved our neighbours as ourselves.
In your mercy forgive what we have been,
help us to amend what we are,
and direct what we shall be;
that we may do justly;
love mercy,
and walk humbly with you, our God.
Amen.**

Kyries

Lord Jesus, you nourish our minds with the bread of faith:
Lord, have mercy.
All **Lord, have mercy.**

You nourish our spirits with the bread of hope:
Christ, have mercy.
All **Christ, have mercy.**

You nourish our hearts with the bread of love:
Lord, have mercy.
All **Lord, have mercy.**

Absolution

Almighty God,
who forgives all who truly repent,
have mercy upon you,
pardon † and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord.
All **Amen.**

Gloria in Excelsis

All **Glory to God in the highest,
and peace to his people on earth.**

**Lord God, heavenly King,
almighty God and Father,
we worship you,
we give you thanks,
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.**

The Collect

Let us pray.

Let your merciful ears, O Lord,
be open to the prayers of your humble servants;
and that they may obtain their petitions
make them to ask such things as shall please you;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

All **Amen.**

§ *Sit*

¶ The Liturgy of the Word

First Reading

Reader A reading from the Book of the Exodus.

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, 'If only we had died by the hand of the Lord in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger.'

Then the Lord said to Moses, 'I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not.'

Then Moses said to Aaron, 'Say to the whole congregation of the Israelites, "Draw near to the Lord, for he has heard your complaining." ' And as Aaron spoke to the whole congregation of the Israelites, they looked towards the wilderness, and the glory of the Lord appeared in the cloud. The Lord spoke to Moses and said, 'I have heard the complaining of the Israelites; say to them, "At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the Lord your God." '

In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, 'What is it?' For they did not know what it was. Moses said to them, 'It is the bread that the Lord has given you to eat.'

Exodus 12.2-4, 9-15

This is the word of the Lord.

All **Thanks be to God.**

Psalm

Response

All **O Lord, how glorious are your works.**

Reader So he commanded the clouds above
and opened the doors of heaven.
He rained down upon them manna to eat
and gave them the grain of heaven. **Response**

So mortals ate the bread of angels;
 he sent them food in plenty.
 He caused the east wind to blow in the heavens
 and led out the south wind by his might. **Response**

He rained flesh upon them as thick as dust
 and winged fowl like the sand of the sea.
 He let it fall in the midst of their camp
 and round about their tents. **Response**

So they ate and were well filled,
 for he gave them what they desired. **Response**

Psalm 78.23-29

Holy Gospel

§ Stand

Acclamation

1. Choir only
2. Choir and Congregation



One does not live by bread alone,
 but by every word that comes from the mouth of God.

All Alleluia ...

The Lord be with you
and also with you.

All

Hear the Gospel of our Lord Jesus Christ according to John.

All



When the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

When they found him on the other side of the lake, they said to him, ‘Rabbi, when did you come here?’ Jesus answered them, ‘Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work

The Nicene Creed

§ *Stand*

Let us declare our faith in God, Father, Son and Holy Spirit.

All **We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is,
seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.**

*All may
bow* ***For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.***

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.**

Prayers of the Faithful

Priest God is close to all who call on him from their hearts.
Let us call on God now in our many needs.

§ *Kneel*

The response to each petition

Intercessor Lord, you alone
All **are our strength and hope.**

After the final petition

Priest God of mercy, you heard the prayers of your people in the desert.
Hear our prayers
grant that we who participate in the Eucharist,
may experience your goodness,
and so grow in love for you and for one another.
We ask this through the same Christ our Lord.

All **Amen.**

§ *Stand*

¶ The Liturgy of the Sacrament

Sign of Peace

The kingdom of God is not a matter of eating and drinking,
but of righteousness, peace and joy in the Holy Spirit.

All The peace of the Lord be always with you
and also with you.

Let us offer each other a sign of Christ's peace.

Hymn

All

LIGHT'S abode, celestial Salem,
Vision whence true peace doth spring,
Brighter than the heart can fancy,
Mansion of the highest King;
O how glorious are the praises
Which of thee the prophets sing!

There for ever and for ever
Alleluya is outpoured;
For unending, for unbroken
Is the feast day of the Lord;
All is pure and all is holy
That within thy walls is stored.

There no cloud nor passing vapour
Dims the brightness of the air;
Endless noonday, glorious noonday,
From the sun of suns is there;
There no night brings rest from labour
For unknown are toil and care.

O how glorious and resplendent,
Fragile body, shalt thou be,
When endued with so much beauty,
Full of health, and strong, and free,
Full of vigour, full of pleasure
That shall last eternally!

Now with gladness, now with courage,
Bear the burden on thee laid,
That hereafter these thy labours
May with endless gifts be paid;
And in everlasting glory
Thou with joy may'st be arrayed.

**Laud and honour to the Father,
Laud and honour to the Son,
Laud and honour to the Spirit,
Ever three and ever one,
Consubstantial, coeternal,
While unending ages run. Amen.**

Words *Jerusalem luminosa*,
Latin, before 15th cent
translated by John Mason Neale (1818-1866)

Music Regent Square
Henry Thomas smart (1813-1879)

Invitation to Prayer

Pray, my brothers and sisters,
that our sacrifice may be acceptable to God,
the almighty Father.

All **May the Lord accept the sacrifice at your hands
for the praise and glory of his name,
for our good, and the good of all his Church.**

Prayer over the Gifts

○ Lord, graciously sanctify these gifts,
And, accepting the oblation of this pure sacrifice,
make us an eternal offering to you.
Through Christ our Lord.

All **Amen.**

The Eucharistic Prayer

All The Lord be with you
and also with you.

All Lift up your hearts.
We lift them to the Lord.

All Let us give thanks to the Lord our God.
It is right to give thanks and praise.

It is truly right and just, our duty and our salvation,
always and everywhere to give you thanks,
holy Father, almighty and eternal God.

From sunrise to sunset this day is holy,
for Christ has risen from the tomb
and scattered the darkness of death with light that will not fade.
This day the risen Lord walks with your gathered people,
unfolds for us your word,
and makes himself known in the breaking of the bread.
And though the night will overtake this day
you summon us to live in endless light,
the never-ceasing sabbath of the Lord.

And so, with choirs of angels
and with all the heavenly host,
we proclaim your glory
and join their unending song of praise:

All **Holy, holy, holy,
Lord God of power and might.
heaven and earth are full of your glory.
Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness;
grant that by the power of your Holy Spirit,
and according to your holy will,
these gifts of bread and wine
may be to us the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:

Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:

Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.
Christ is the bread of life:

All

mf
When we eat this bread and drink this cup,
cresc.
we pro-claim your death, Lord Je - sus, un - til you come in glo - ry.
f

And so, Father, calling to mind his death on the cross,
his perfect sacrifice made once for the sins of the whole world,
rejoicing in his mighty resurrection and glorious ascension,
and looking for his coming in glory,
we celebrate this memorial of our redemption.
As we offer you this our sacrifice of praise and thanksgiving,
we bring before you this bread and this cup
and we thank you for counting us worthy
to stand in your presence and serve you.

Send the Holy Spirit on your people
and gather into one in your kingdom
all who share this one bread and one cup,
so that we, in the company of Mary the Virgin Mother of God,
Matthew and all the saints,
may praise and glorify you for ever,
through Jesus Christ our Lord;

by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father,
for ever and ever.

All

A- men.

The Blessed Sacrament is elevated and bells are rung

The Lord's Prayer

There is one God who is Father of us all.
Let us pray to our heavenly Father in the words our Saviour gave us.

All **Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.**

**For thine is the kingdom,
the power, and the glory,
for ever and ever.
Amen.**

Breaking of the Bread

My flesh is food indeed,
and my blood is drink indeed, says the Lord.

All **Those who eat my flesh and drink my blood
dwell in me and I in them.**

Agnus Dei

All **Lamb of God,
you take away the sin of the world,
have mercy on us.**

**Lamb of God,
you take away the sin of the world,
have mercy on us.**

**Lamb of God,
you take away the sin of the world,
grant us peace.**

Invitation to Communion

Behold the Lamb of God who takes away the sin of the world.
Blessed are those who are called to his supper.

All **Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

Giving of Communion

I am the bread of life, says the Lord,
whoever comes to me will never be hungry,
whoever believes in me will never be thirsty.

Spiritual Communion – *for those at home*

Act of Reception

All In union, blessed Jesus,
with the faithful gathered at every altar of your Church
where your blessed Body and Blood are offered this day,

(and remembering particularly my own parish ...)

I long to offer you praise and thanksgiving,
for creation and all the blessings of this life,
for the redemption won for us by your life, death,
and resurrection,
for the means of grace and the hope of glory.

(and particularly for the blessings given me ...)

I believe that you are truly present in the Holy Sacrament,
and, since I cannot at this time receive communion,
I pray you to come into my heart.
I unite myself with you and embrace you with all my heart,
my soul, and my mind.
Let nothing separate me from you;
let me serve you in this life until, by your grace,
I come to your glorious kingdom and unending peace. Amen.

Hymn

All **MAY the grace of Christ our Saviour,
 And the Father's boundless love,
With the Holy Spirit's favour,
 Rest upon us from above.**

**Thus may we abide in union
 With each other and the Lord,
And possess in sweet communion,
 Joys which earth cannot afford.**

**To the God whose wisdom made us,
 To the Son who sets us free,
To the sanctifying Spirit,
 Glory, endless glory be. Amen.**

Words John Newton (1725-1807) and others

Music: Gott des Himmels
melody by Heinrich Albert (1604-1651)
harmony by Johann Sebastian Bach (1685-1750)

§ *All sit for a period of silent reflection and thanksgiving*

Prayer after Communion

Let us pray.

§ *Stand*

God of our pilgrimage,
you have willed that the gate of mercy
should stand open for those who trust in you:
look upon us with your favour
that we who follow the path of your will
may never wander from the way of life;
through Jesus Christ our Lord.

All **Amen.**

**Fill us, good Lord, with your Spirit of love;
and as you have fed us with the one bread of heaven,
so make us one in heart and mind,
in Jesus Christ our Lord.
Amen.**

Hymn

All **THROUGH the night of doubt and sorrow
Onward goes the pilgrim band,
Singing songs of expectation,
Marching to the promised land.**

**Clear before us through the darkness
Gleams and burns the guiding light;
Leading forth one holy people,
Stepping fearless through the night.**

**One the light of God's own presence
O'er his ransomed people shed,
Chasing far the gloom and terror,
Brightening all the path we tread;**

**One the object of our journey,
One the faith which never tires,
One the earnest looking forward,
One the hope our God inspires:**

**One the strain that lips of thousands
Lift as from the heart of one:
One the conflict, one the peril,
One the march in God begun:**

**One the gladness of rejoicing
On the far eternal shore,
Where the one almighty Father
Reigns in love for evermore.**

Words Danish, Bernhard Severin Ingemann (1789-1862)
translated by Sabine Baring-Gould (1834-1924)

Music Marching
Martin Shaw (1875-1958)

Notices for the Community

§ *Sit*

¶ Sending Out

§ *Stand*

All The Lord be with you.
and also with you.

Solemn Blessing

All May almighty God bless you with a faith that never falters.
Amen.

All May he inspire you to lead others to Christ by the way you live.
Amen.

All May the Eucharist bring you healing and lead you to eternal glory.
Amen.

And the blessing of God almighty,
the Father, the Son †, and the Holy Spirit,
be upon you and remain with you always.

All **Amen.**

The Dismissal

Go in peace to love and serve the Lord.

All **In the name of Christ. Amen.**

Organ Voluntary

A song of Thanksgiving

Dr Arthur Blurton Plant (1853-1914)

Please remain standing until the procession has departed

Those leaving immediately are asked to be aware of those who wish to listen to the organ voluntary.

Collection – our response to God’s generosity

We invite you to make a monetary offering towards the ministry and mission of St Matthew’s Church. You may do so using any of the following methods:

Cash, cheques, stewardship envelopes - *using the receptacle provided at the back of church. If you are a taxpayer please use the envelopes in the chairs, and fill out the details in order that our parish may also benefit from the Gift Aid (an extra 25p for every pound given) associated with your giving.*

Contactless giving - *using the terminal provided. Just press the button for the amount you wish to give - £5, £10, or £20, and then hold your bank card over the reader.*

Giving on your smart phone - *using the QR code printed below. It gives you the option of any amount, Gift Aid, and making a regular payment.*

Giving online - click the donate button on the parish website or Facebook page and follow the instructions.

Your generosity is gratefully received. Thank you.



*Our thanks are due to Anonymous Donor 9
who has generously financed
the production of this week's service booklet.*

This evening at 5.30 pm
BCP Evening Prayer

**Please take this booklet home
as an aid to prayer and reflection during the week,
and then re-cycle it.**

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